

Staff restaurant Credit Suisse Le Mosaïque / Uetlihof 2

Monday, 20. January	Tuesday, 21. January	Wednesday, 22. January	Thursday, 23. January	Friday, 24. January
FAVORITE Pork steak Champignon onion sauce Mashed potatoes Cauliflower mimosa <i>approx 870 cal. / Meat: Switzerland</i>	FAVORITE Chicken breast marinated with lime Hollandaise Risotto Zucchini <i>approx 960 cal. / Meat: Switzerland</i>	FAVORITE Pikeperch crispy Tartar sauce Pilau rice Leaf spinach <i>approx 930 cal. / Fish: Germany</i>	FAVORITE Organic chicken ragout Fresh cheese rosemary sauce Carrot with mapelsirup <i>approx 950 cal. / Meat: Switzerland</i>	FAVORITE Minced chicken steak Herb sauce Gratinated polenta cuts Green benas <i>approx 910 cal. / Meat: Switzerland</i>
INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80
FAVORITE Spicy Beef Bolougi Vegetable Pasta <i>approx 950 cal. / Meat: Switzerland</i>	FAVORITE Vegetarian & vegan buffet	FAVORITE Pasta day with homemade sauces <i>approx 920 cal. / Meat: Switzerland</i>	FAVORITE Vegetarian & vegan buffet	
INT 10.80 / EXT 14.80	100g: INT 2.60 / EXT 3.10	INT 10.80 / EXT 14.80	100g: INT 2.60 / EXT 3.10	
SPECIAL Beef burger in a bun with chimichuri salsa and Tomato beans salad <i>approx 990 cal. / Meat: Switzerland</i>	SPECIAL Orrechiette carbonara Creamy sauce with bacon and parsley <i>approx 980 cal. / Meat: Switzerland</i>	SPECIAL Oven veal roast Creamy cognac sauce Potatoes gratin Savoy <i>approx 960 cal. / Meat: Switzerland</i>	SPECIAL Mexican beef salad with chicken ragout, ice berg salad, corn, avocado, cherry tomatoes and spring onions in a taco <i>approx 950 cal. / Meat: Switzerland</i>	SPECIAL Homemade breaded pork escalope Fried potatoes Cranberry <i>approx 990 cal. / Meat: Switzerland</i>
INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80
VITALITY Vegan curcuma curry wit organic seitan and vegetables Basmati rice Papadum <i>approx 590 cal.</i>	VITALITY Puff pilow Mushroom stew with creamy sauce and herbs Vegetables <i>approx 800 cal.</i>	VITALITY Pad thai Thai noodles with organic tofu, spring onions, egg, soya sprouts and rice noodles <i>approx 700 cal.</i>	VITALITY Vegan meatloaf Soya curcuma raita Organic whole meal rice Turnip cabbage <i>approx 540 cal.</i>	VITALITY Vegan spaghetti day with homemade sauces <i>approx 662 cal.</i>
INT 10.00 / EXT 14.00	INT 10.00 / EXT 14.00	INT 10.00 / EXT 14.00	INT 10.00 / EXT 14.00	INT 10.00 / EXT 14.00
METABOLIC BALANCE Barramundi fillet marinated with peperoncini Millet Egg plants ragout <i>approx 590 cal. / Fish: Vietnam</i>	METABOLIC BALANCE Salmon trout fillet Mango mint salsa Whole meal pasta Peas <i>approx 620 cal. / Fish: Turkey</i>	METABOLIC BALANCE Deer ragout Cranberry sauce Eggs Vegetables <i>approx 590 cal. / Meat: New Zealand</i>	METABOLIC BALANCE Pollack fillet Passion fruit avocado salsa Couscous Romanesco <i>approx 590 cal. / Fish: Alaska</i>	METABOLIC BALANCE Beef fillet Shallots jus Barley Vegetables <i>approx 590 cal. / Meat: Switzerland</i>
INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80	INT 10.80 / EXT 14.80
SOUP Oat flakes leek soup <i>approx 120 cal.</i>	SOUP Tomato almond soup <i>approx 115 cal.</i>	SOUP Pumpkin ginger soup <i>approx 115 cal.</i>	SOUP Creamy herb soup <i>approx 120 cal.</i>	SOUP Vegetables soup <i>approx 120 cal.</i>
INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80
VARIETY Quiches buffet	VARIETY Sushi buffet	VARIETY Asia buffet	VARIETY Salad buffet	VARIETY Salad buffet
Quiches sweet 4.50 Quiches salty 4.90	Sushi 3.10 Sushi vegetarian 2.60	100g: INT 2.60 / EXT 3.10	100g: INT 2.60 / EXT 3.10	100g: INT 2.60 / EXT 3.10
DESSERT Brownie	DESSERT Plum cake	DESSERT White chocolate mousse	DESSERT Caramel flan with vanilla cream	DESSERT Fruit salad with mint
INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80	INT 1.80 / EXT 1.80

The menus "Favorite", "Special", "Vitality", "Metabolic Balance" come with one daily salad, dessert, fruit or soup.
All prices in CHF, VAT included